



# myTIDEWATER moms.com



TIDEWATER  
**parent**  
NEWS & INFORMATION FOR HAMPTON ROADS FAMILIES

News and Information for  
Hampton Roads Families

Share (<http://www.addthis.com/bookmark.php?v=250&username=mtmoms>) |

<http://www.addthis.com/bookmark.php?v=250&winnname=addthis&pub=mtmoms&source=trc-250&lng=en-US&v=google&url=http%3A%2F%2Fmytidewatermoms.com%2Fcontent%2Fkids-health&title=Kids%20Health%20%27C%20MyTidewaterMoms.com&ate=AT-mtmoms/-/4eef5225ea9c4bd6/1&frommenu=1&uid=4eef5225ce97bb71&ct=1&tt=0>



## Kids Health

[http://mytidewatermoms.com/files/tpubs/imagecache/default\\_image/articles/TPDec11Health\\_01.jpg](http://mytidewatermoms.com/files/tpubs/imagecache/default_image/articles/TPDec11Health_01.jpg)



### If your child swallows a button battery, seek medical help immediately

Dr. Harvey Kagan, CHKD's Pediatric Specialists

When parents childproof their homes, they often overlook something that can result in a potentially fatal medical emergency - button batteries.

Though they may look like shiny candy to children, the small batteries that power hundreds of electronic devices including key fobs, hearing aids, calculators, toys and even greeting cards can be as deadly as poison when swallowed. If they lodge in the throat, saliva triggers an electrical charge and chemical breakdown that can burn the esophagus in as little as two hours.

The number of cases involving ingestion of button batteries has risen rapidly. The National Poison Center documented about 3,500 button battery ingestions each year and the cumulative deaths at 18.

The majority of fatalities and major injuries occur in children under 4 years of age who have ingested a battery with a diameter greater than 3/4 of an inch. Based on the age of the patient, a battery that has reached the stomach may be allowed to pass, but in some cases button batteries have been known to become trapped in the intestinal wall, where they burn through the tissue.

You should always store and dispose of batteries where children cannot reach them.

Here are some tips to follow if you suspect your child has swallowed a button battery:

- Get your child to an emergency room immediately where an X-ray can determine if the battery is lodged in the throat.
- If available, bring the battery packaging or a matching battery to the emergency room.
- Do NOT induce vomiting or allow your child to eat or drink anything.

Button batteries can also cause permanent injury when they are placed in the nose and the ears. If your child has pain or discharge or you believe he or she has a battery lodged in either the nose or ears, seek medical assistance immediately. You can also make a collect call to national battery ingestion hotline at (202-625-3333).

### Part-time Work Has Consequences for Teens

Many parents look forward to the day when their teen can find part-time work after school, and finally pay a little of their own expenses. But a recent study of 11th and 12th graders in Wisconsin and California suggests that after school work negatively impacts a child's grades and behaviors.

According to the study, students who work more than 20 hours a week during the school year are more likely to smoke, drink and use drugs. They also tend to have lower academic expectations than those who work just a few hours a week, or not at all. The take away: limit your child's working hours during the school year; or, keep your teen working through summer, and not during the school year.

Looks like it's not just mom who has to find a work/life balance.

Source: Tidewater Parent Magazine

## Resource Guides

### [Summer Camps](#)

[Academic](#)

[Arts & Crafts](#)

[Athletic](#)

[Music](#)

[Cooking](#)

[Other](#)

[Religious](#)

[Special Needs](#)

[Technology](#)

### [Hampton Roads Private Schools](#)

[Christian Schools](#)

[Preschool](#)

[Elementary School](#)

[Middle School](#)

[High School](#)

[Special Needs](#)



Live On Stage!  
NOVEMBER 4 - 6  
CHRYSLER HALL  
[ticketmaster](#)

NETWORKS presents  
Disney's  
**BEAUTY AND THE BEAST**  
THE SMASH HIT BROADWAY MUSICAL

