The Poison Review

Button battery ingestions causing increased fatalities

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Emerging Battery-Ingestion Hazard: Clinical Implications. Litovitz T et al. *Pediatrics* Jun 2010;125:1168-1177.

Abstract

This must-read article points out that with the growing popularity of 20-mm lithium batteries, the battery ingestions involving major outcomes or fatalities is increasing. The authors, from the Na

Center in Washington, DC, analyzed data from 3 major sources concerning these ingestions. They make the following impo-

- A button battery stuck in the esophagus can cause significant injury if not removed within 2 hours.
- Complications of button battery ingestion include tracheoesophageal fistula or other perforation, esophageal stricture and sparalysis, aspiration pneumonia, and most devastatingly -- exsanguination from erosion into arteries.
- Especially if the ingestion is not witnessed, initial presentation can be nonspecific with symptoms such as vomiting, dyspha cough, wheezing, and/or dehydration.
- Button batteries are often mistaken for coins on radiographs. A way to avoid this pitfall is to get a lateral view of the object narrow side and a wider side.
- The **n**arrow side will be the **n**egative pole, which is where tissue **n**ecrosis will tend to occur secondary to hydroxide format 3-Ns).
- Even after treatment these patients must be watched carefully, since life-threatening hemorrhage has been reported as lat removal.
- Risks factors correlated with poor outcomes include ingestion of large-diameter (≥ 20-mm) lithium cells and age < 4 years.

There were some confusing and unresolved points made in the article. The authors state that: "Endoscopic removal of esope (rather than blind retrieval by balloon catheter or magnet) is essential . . ." Unfortunately, the authors do not suggest how to impossible to arrange for endoscopy within the 2 hour window. Also, their graphic treatment guideline (Figure 4) is quite conseemly coming from and going nowhere. Nevertheless, this is an essential article.

The following is a CBS news story about button battery ingestion, including an interview with Dr. Toby Litovitz, the main auth

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